

CHARNLEY SLAB

Colles # (reduced/ undisplaced/ minimally displaced)

WRIST POSITION

- full pronation
- full ulnar deviation
- slight palmar flexion
- apply padding with 50% overlap so that there are 2 layers between skin and plaster (extend to the palmar crease and the MCPs distally, as far as possible proximally without impinging elbow flexion)



PLASTER POSITION

- 6-8 layers 15cm plaster cut to template. Apply as shown (plastic model shown here)
- encircle with crepe



SLING POSITION

- keep # above level of heart
- keep sling on until swelling has gone down
- refer to fracture clinic



further information McCrae's 'Practical management of fracture management'

please have your plaster reviewed by the consultant (or senior night registrar)

CHARNLEY SLAB FOR COLLES FRACTURE
THIS SIDE UP-RIGHT